



Physical Education



Intent

Redscope Primary School recognises and values the importance of Physical Education (P.E). PE at Redscope Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and develop positive attitudes to PE and sport, improve health and well-being.

We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

We aim:

To engage all pupils in regular physical activity in line with the recommendations from Youth Sport Trust and government guidelines, striving for our children to be active for 30 minutes a day in addition to their two timetabled PE lessons.

To increase participation in competitive sport.

To provide opportunities for children to participate in a broad range of physical activities, providing variety and an introduction to many sports and activities.

To develop the children's fundamental movement skills, enabling life-long participation in physical activity.

To develop multi-ability skills through PE, enabling the children to use and develop cognitive, personal, social, creative and physical skills through physical activity.

Our ethos is that all children can achieve in PE through practice, to enable our learners "To be the best that we can be!"

Implementation

Curriculum: Redscope Primary uses the Imoves, an AfPE approved scheme to teach PE. This focuses on the importance of developing sound fundamental movement skills alongside multi-ability skills such as personal and social skills enabling children to apply these skills to games and activities. Imoves fundamental movement skills are developed progressively and use clear steps of progression at every level. Teachers use interactive resources to support their teaching.

Our curriculum map sets out when each Imoves units and swimming are taught each year. Skills are linked to Sports and children are encouraged to attend clubs and take part in competitive opportunities.

Organisation: PE is taught through two lessons each week, one fundamental PE lesson and one lesson to embed these skills. Over the year all KS1 and 2 children will have one half term taught by specialist coaches to support teachers CPD. Imoves ensure fundamental movement skills are taught via non-traditional games and activities which enable all abilities to take part in lessons on a level playing field. Imoves gives opportunities for children to apply the skills in which they have been taught in embedding sessions each week. Sports specific lessons with coaches use the imoves approach and language and encourage children to apply the skills in a range of activities.

School Sports Premium: The School sports premium is used to improve the provision of PE in a number of ways, adding additional specialist coaching staff to support lessons, run practices and prepare for events, along with running lunchtime clubs and afterschool clubs, and CPD for staff.

Implementation continued

Extra-curricular: We provide a wide range of after school clubs and lunchtime sports clubs. These clubs provide opportunities for the children to participate in a range of activities and develop their skills further. Pupil Premium children may access one club every half term without any cost implications.

Competition: All children have the opportunity to take part in competitive sport through our competition schedule. We run inter house competitions during PE lessons along with 'personal best challenges' where everyone has the chance to beat their own scores as well as being competitive against others. As a school, we subscribe to the RUFC and the WWLC Sport Partnership, which provides many additional opportunities for our children; we partake in numerous competitions, leagues and festivals against other schools via these partnerships. We also work closely with our neighbouring academy schools. We also hold a Sport's Day each year to encourage the children to showcase their skills to their parents.

Assessment: Teachers and coaching staff use their professional judgement to observe children over a period of time. They use assessment strands, which include demonstrating fundamental movements in isolation and also applying to sports and physical activities, to make a judgement based within age-related expectations, above or below at the end of each unit. These are then used to inform future teaching.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at Redscope Primary; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through strong links with PHSE we promote the overall well-being and health of each child, through teaching about self-discipline and an understanding that to be successful you need to take ownership and responsibility of your health and fitness.

In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. Children at Redscope Primary School make good progress in PE and are eager to attend after school clubs and competitive sports events.

Pupils will enjoy being active and be keen to take part in lessons.

The profile and expectations of PE and school sport will continue to be high.

Pupils will be eager to represent the school at events and competition for team places will remain high.

Pupils fundamental movement skills will continue to improve with more confident and physically skilled pupils overall.

After school clubs will remain popular and children are keen to continue refining skills and have developed an enjoyment for being active.

Redscope Primary School will continue to make good use of the School Sports Premium and use it to raise the profile and provision of PE.

Further details of the impact of the school sports premium can be found on the school website.