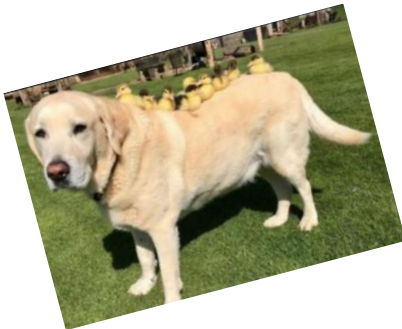


Year 4

Families and people who care for me suggested lesson

Learning statement - That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

Lesson and activity - Consider why a family is important for everyone. Show video clips/photos of "animal adoption" dog caring for a kitten, cat adopts a baby rabbit, etc



Use the pictures of animals to consider why family are important. Children to write around the pictures words to describe what makes a family important. Final thought - to consider does it matter what a family looks like?

Internet safety and harms suggested lesson

Learning statement - How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.

Lesson and activity - Discuss that behind every username and profile picture there is a real person. Children to look at some sample messages using emojis and text talk, children to read and interpret them.



Then turn a negative message into a positive one and consider the impact these messages can have on other people's feelings. Would you say this to someone in person?



Respectful relationships suggested lesson

Learning statement - What a stereotype is, and how stereotypes can be unfair, negative or destructive.

Lesson and activity - Draw a picture of these people:

- footballer



- ballet dancer

- swimmer

- gymnast



- runner

Around the outside of your picture, write some words that describe the person you have drawn (e.g. strong, fit, flexible etc.)

Teacher to use the following questions to facilitate discussion:

- What gender are the people in each of your drawings?
- Are there any sports where people have drawn mostly men, or mostly women? Why do you think this is?
- Are there any sports where people have drawn both men and women doing the sport?

The Department for Education have released a sample mental health lesson for Year 4, if you wish to view this, please use the link below

<https://watch.cloudflarestream.com/df82140d8b6dfc8715ff53d259a2e08e>