

How is PSHCE taught in our school?

Personal, Social, and Health Education and Citizenship Education (PSHE&C) enables pupils to develop the knowledge and understanding, skills, attitudes and values which are necessary for them to make sense of the responsibilities, opportunities and experiences which are part of their lives, both now & in the future. PSHE and Citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

- * Stay as healthy as possible;
- * learn to keep themselves and others safe;
- * develop effective & satisfying relationships ;
- * learn to respect the differences between people;
- * be independent and responsible members of the school community;
- * be positive and active members of a democratic society;
- * develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- * develop good relationships with other members of the school and the wider community.